

PATIENT INTRODUCTION

DATE: _____ **File #** _____

WELCOME ... to the chiropractic office of ...

Dr. Alex J. Dougley, D.C.

348 King St. E, Cambridge, ON, N3H 3M8

Please complete this questionnaire **front and back**. Please **print** your answers. They will help us determine if Chiropractic can help you.

NAME: _____ HOME PHONE: _____

ADDRESS: _____ WORK PHONE: _____

(city) (province) (postal code) **MARTIAL STATUS:** _____

BLOOD TYPE: _____

Date of Birth: _____ AGE: _____ Ages of children: _____
(day) (month) (year)

Email:

WHAT IS YOUR MAIN COMPLAINT / SYMPTOMS ? _____

How long have you had this condition? _____ Have you had this condition before? _____ WHEN? _____

DOES THIS CONDITION INTERFERE WITH YOUR: work _____ sleep _____ daily routine: _____ other (please explain): _____

WHEN IT'S AT ITS WORST, HOW DOES IT FEEL ? _____

WHAT MAKES IT FEEL BETTER ? _____ WHAT MAKES IT FEEL WORSE ? _____

WHAT DO YOU THINK IS THE CAUSE OF YOUR PROBLEM ? _____ *****

* PLEASE MARK AN "X" WHERE IT HURTS

ANY HEAD INJURIES IN YOUR LIFE ? _____

OTHER CONCERNS? _____

FAVOURITE EXERCISES? _____ How Often Each Week? _____

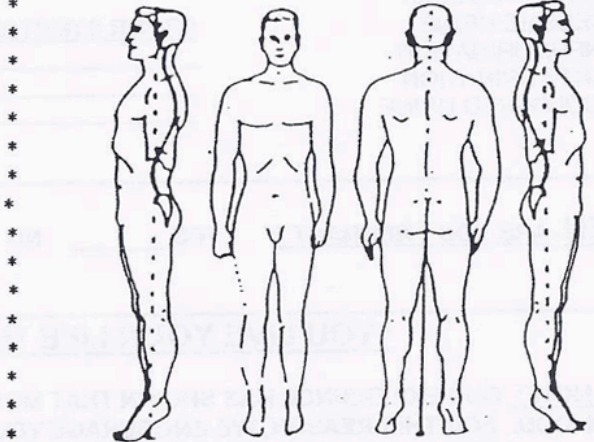
TYPE OF BED ? _____ SLEEPING POSITION ? _____

ANY CAR ACCIDENTS ? / WHEN? _____

ARE THERE ANY FAMILY HEREDITARY DISORDERS? IF YES, PLEASE

EXPLAIN. _____

ARE YOU TAKING ANY VITAMINS OR MINERALS? IF YES, LIST HERE _____



OCCUPATION/PLACE OF EMPLOYMENT: _____ ANY LIFTING? _____

NAME OF SPOUSE: _____ OCCUPATION: _____

HAVE YOU EVER HAD PREVIOUS CHIROPRACTIC CARE ? _____ IF YES, WHEN ? _____ SAME PROBLEM ? _____

CHIROPRACTOR'S NAME: _____ CITY? _____ DID CHIROPRACTIC HELP YOU? _____

M.D.'s NAME: _____ PRESCRIPTIONS ? (list) _____ SURGERY ? _____ LAST VISIT? _____

DID SOMEONE REFER YOU TO OUR OFFICE ? : _____ IF YES, NAME PLEASE: _____

NAME OF PERSON LEGALLY RESPONSIBLE (if the patient is a minor) _____

HEALTH QUESTIONNAIRE

PLEASE CHECK ANY SYMPTOMS YOU ARE EXPERIENCING NOW (mark with a \checkmark) AND ANY SYMPTOMS YOU HAVE EXPERIENCED IN THE PAST (mark with a X).

MUSCULO-SKELETAL SYSTEM

- ☐ LOW BACK PROBLEMS
- ☐ PAIN BETWEEN SHOULDERS
- ☐ NECK PROBLEMS
- ☐ ARM PROBLEMS
- ☐ LEG PROBLEMS
- ☐ SWOLLEN JOINTS
- ☐ PAINFUL JOINTS
- ☐ STIFF JOINTS
- ☐ SORE MUSCLES
- ☐ WEAK MUSCLES
- ☐ WALKING PROBLEMS
- ☐ RUPTURES
- ☐ BROKEN BONES

NERVOUS SYSTEM

- ☐ NUMBNESS
- ☐ LOSS OF FEELING
- ☐ PARALYSIS
- ☐ DIZZINESS
- ☐ FAINTING
- ☐ HEADACHES
- ☐ MUSCLE JERKING
- ☐ CONVULSIONS
- ☐ FORGETFULNESS
- ☐ CONFUSION
- ☐ DEPRESSION

GENITO-URINARY SYSTEM

- ☐ BLADDER TROUBLE
- ☐ EXCESSIVE URINE
- ☐ PAINFUL URINATION
- ☐ SCANTY URINATION
- ☐ DISCOLOURED URINE

GASTRO-INTESTINAL SYSTEM

- ☐ POOR APPETITE
- ☐ EXCESSIVE HUNGER
- ☐ DIFFICULT CHEWING
- ☐ DIFFICULT SWALLOWING
- ☐ EXCESSIVE THIRST
- ☐ NAUSEA
- ☐ VOMITING FOOD
- ☐ VOMITING BLOOD
- ☐ ABDOMINAL PAIN
- ☐ DIARRHEA
- ☐ CONSTIPATION
- ☐ BLACK STOOL
- ☐ BLOODY STOOL
- ☐ HEMORRHOIDS
- ☐ LIVER TROUBLE
- ☐ GALL BLADDER PROBLEMS
- ☐ WEIGHT TROUBLE

CARDIO-VASCULAR-RESPIRATORY

- ☐ CHEST PAIN
- ☐ PAIN OVER HEART
- ☐ DIFFICULT BREATHING
- ☐ PERSISTENT COUGH
- ☐ COUGHING PHLEGM
- ☐ RAPID HEARTBEAT
- ☐ BLOOD PRESSURE PROBLEMS
- ☐ HEART PROBLEMS
- ☐ LUNG PROBLEMS
- ☐ VARICOSE VEINS

OTHER SYMPTOMS

EYE, EAR, NOSE, THROAT

- ☐ EYE STRAIN
- ☐ EYE INFLAMMATION
- ☐ VISION PROBLEMS (SPOTS/ BLURRING)
- ☐ EAR PAIN
- ☐ EAR NOISES
- ☐ HEARING LOSS
- ☐ EAR DISCHARGE
- ☐ NOSE PAIN
- ☐ NOSE BLEEDING
- ☐ NOSE DISCHARGE
- ☐ DIFFICULT BREATHING THROUGH NOSE
- ☐ SORE GUMS
- ☐ DENTAL PROBLEMS
- ☐ SORE MOUTH
- ☐ HOARSENESS
- ☐ DIFFICULT SPEECH

FEMALES ONLY

- ☐ VAGINAL DISCHARGE
- ☐ VAGINAL BLEEDING
- ☐ VAGINAL PAIN
- ☐ BREAST PAIN
- ☐ LUMPS ON BREAST

SIGNS OF SUBLUXATIONS

- ☐ LOW ENERGY LEVEL
- ☐ IRRITABILITY
- ☐ LOSS OF SLEEP
- ☐ MOOD SWINGS
- ☐ SLUGGISH BOWELS
- ☐ DISORIENTATION
- ☐ BURNING SENSATIONS
- ☐ SHARP, SHOOTING PAINS
- ☐ BRAIN "FOG"

WOMEN- ARE YOU PREGNANT ? YES _____ NO _____ MAYBE _____ DATE OF LAST PERIOD _____

"YOU LIVE YOUR LIFE THROUGH YOUR NERVE SYSTEM"

PLEASE NOTE: OUR EXPERIENCE HAS SHOWN THAT MOST OF THE CONDITIONS WE FIND IN ADULTS ACTUALLY STARTED IN CHILDHOOD. FOR THIS REASON, WE ENCOURAGE YOU TO HAVE THE SPINES OF YOUR CHILDREN CHECKED.

WOULD CHECKING YOUR CHILDREN INTEREST YOU? YES _____ MAYBE _____ NO _____

CHILDREN NAMES / AGES / ANY APPARENT SYMPTOMS OR "INCURABLE" CONDITIONS (I.E.: EARACHES, ASTHMA, SLEEPING AND LEARNING DISORDERS, FREQUENT COLDS, EAR & THROAT INFECTIONS, BAD FALLS, NEED FOR ANTI-BIOTICS, VENTALIN, BED WETTING, DEFIANCE, APATHY, POOR CONCENTRATION).

PLEASE READ AND SIGN THIS AGREEMENT. IT IS FOR YOUR PROTECTION.

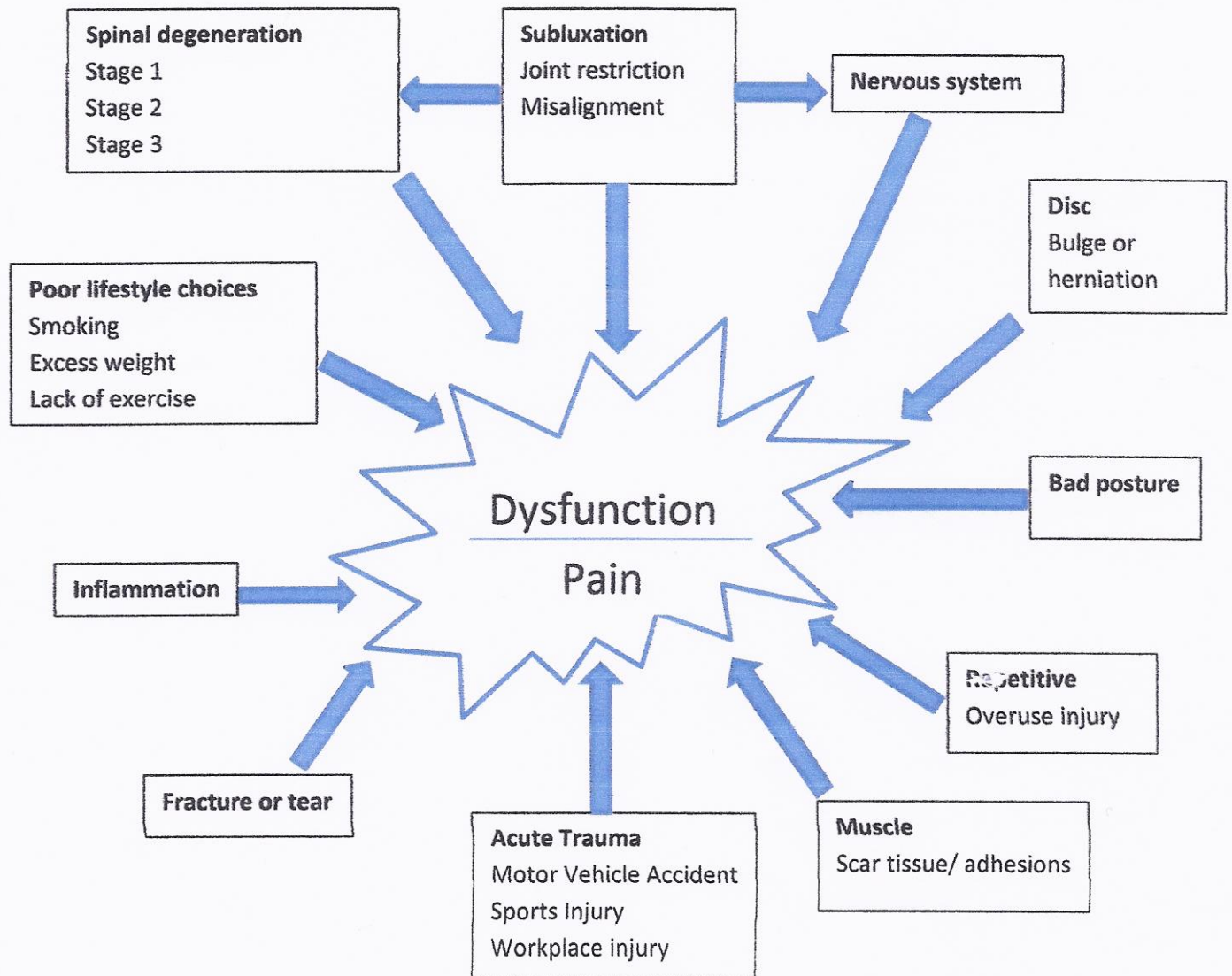
I UNDERSTAND AND AGREE THAT ALL SERVICES RENDERED WILL BE CHARGED TO ME DIRECTLY; SUPPLEMENTARY INSURANCE FORMS WILL BE FILLED OUT FOR A NOMINAL FEE; I UNDERSTAND FEES ARE PAYABLE AT THE TIME THE SERVICE IS RENDERED (as per agreement with staff).

SIGNATURE:

(if patient is a minor, name of parent or legal guardian)

"The Power That Made The Body HEALS The Body"

Where is my problem coming from?



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